

# eNewsletter



## In Sickness and in Health

18th to 24th June

Website: <http://carersweek.org/>

2012

"Carers Week is a UK-wide annual awareness campaign. During the week the UK's six million unpaid carers are celebrated and recognised for the contribution they make to those they care for, and to their communities.

During the campaign we raise the profile of unpaid carers in the national, regional and local media. Organisations throughout the UK are encouraged to take part and join in by organising events, running information sessions and recognising the carers they work with or support.

Carers Week is delivered by a partnership of eight national charities:

Age UK, Carers Trust, Carers UK, Independent Age, Macmillan Cancer Support, Marie Curie Cancer Care, MS Society and Parkinson's UK." ([carersweek.org](http://carersweek.org))

As part of our support for Carers Week Hambleton & Richmondshire Carers Centre is organising an opportunity for carers to get together for lunch at:-

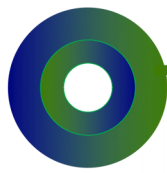


The Village Inn, Brompton on the Monday 18th June at 12.30pm

The cost is £5.00 per person for a two course lunch (a third course can be ordered at an extra cost). The people you care for are also invited. To book a place, or get further information, phone Penny on 01609 780872 or email [penny@hrcarers.f2s.com](mailto:penny@hrcarers.f2s.com).

Thirsk Carers Support and The Mowbray Singers (Trevor Wilson conducting) will be presenting 'A Midsummer Garland' at St Oswalds Church, Sowerby on the 19th June at 7.30pm. Tickets are £8 (to include cheese and a glass of wine) from White Rose Books, Fox's Copy Shop or Thirsk Community Care.





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## Carers Consultation

North Yorkshire County Council is holding a public consultation into the future of services for carers in North Yorkshire

**16th April to the 8th July 2012.**

"North Yorkshire County Council and NHS North Yorkshire and York would like to take this opportunity to look at the way in which we provide support to carers. We want to ask a range of people, particularly carers themselves, what type of support they want and what they think works best for carers.

We will then use this information to develop our own carers strategy for North Yorkshire. This carers strategy will say how we intend to support carers during 2012 - 2015."

To help us develop our carers strategy and improve future services for carers, we have developed a questionnaire that we would like you to complete. It can be filled in by individuals, or on behalf of an organisation or group (such as a carers support group). Some of the questions are most relevant to carers themselves; however we would like to receive contributions from any interested parties. It is aimed at adult carers; we will seek the views of young carers in a different way."

([www.northyorks.gov.uk](http://www.northyorks.gov.uk), 2012)

You can complete the carers consultation questionnaire online or download a copy at:

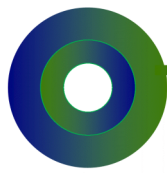
<http://www.northyorks.gov.uk/carersconsultation>

Alternatively, you can pick-up a questionnaire and pre-paid envelope from your local Carers Centre or you can attend a carers focus group to provide feedback and take part in the consultation. These are at:

- The MENCAP Centre in Northallerton on Friday 11 May, 10am - 1pm
- Scarborough Library on Tuesday 15 May, 10am - 1pm
- Church House in Whitby on Thursday 10 May, 1pm - 4pm
- Selby Carers Centre on Wednesday 16 May, 1pm - 4pm
- Soroptomist Rooms in Skipton on Friday 18 May, 12.30pm - 3pm and
- Community House in Ripon on Thursday 17 May, 10am - 1pm.

Please contact Sarah Wileman (see below) to book a place.

If you have any questions about the carers consultation or the questionnaire or you would like to request the questionnaire in another language or format, such as audio, please contact Sarah Wileman on 01609 534940 or e-mail [sarah.wileman@northyorks.gov.uk](mailto:sarah.wileman@northyorks.gov.uk).



# eNewsletter

## The Princess Royal Trust for Carers and Crossroads Care have merged

"As of April 1 2012, The Princess Royal Trust for Carers and Crossroads Care have merged to form a new carers charity called "Carers Trust"



The new charity will combine the knowledge, skills, expertise and experience of its founder charities and all of the independent Network Partners; Crossroads Care schemes and The Princess Royal Trust for Carers local carers' centres.

Carers' needs, choices and voices will remain at the heart of everything we do, as we strive to ensure that the enormous contribution they make to those they care for and to society is fully recognised, appreciated and valued.

Support for carers has always been at the heart of both of the founder charities, much of the work both the organisations did was complementary to each other.

Crossroads Care schemes provide a range of services to the carer and person cared for through fully trained carer support workers who take over caring responsibilities, allowing carers to access vital breaks.

Carers' centres are the central hub of activity for carers in their localities, providing information and emotional support, helping carers to access the services they need and working with carers to get their voices heard in planning services locally and beyond

To make these services effective, both centres and schemes work closely in their communities and with other professionals to make sure carers know there is help available.

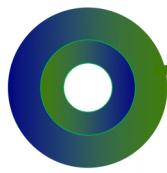


We believe that working together is the right thing to do and will result in an organisation that is robust, sustainable and better able to support carers in the 21st century and deliver the services they need. It will help us to provide a united voice for carers which will enable us to continue to raise awareness of carers' issues with government and policy makers."



The Princess Royal Trust  
for Carers

(from The Princess Royal Trust for Carers website at:  
<http://www.carers.org/merged>)



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## Carers' Drop-In Groups

Richmondshire, at The Methodist Church. Every first Thursday in the month from 1:00pm till 3:00pm.

Northallerton, at Barkers upstairs restaurant. Every second Monday of the month from 10:00am till 12:00noon.

Thirsk, at Thirsk Garden Centre. Every second Tuesday in the month from 10:00am till 11:30am

Stokesley, Lunch at Strikes Garden Centre, Stokesley. Last Wednesday in the month from 12:15pm till 1:30pm

## Office Move

On a Wednesday and Thursday a support worker will be based at the Richmondshire Council for Voluntary Services. This will allow carers to visit a support worker in Richmond (although we would recommend you phone in advance to ensure someone will be free) You can still use our main office number—01609 780872.

We are also available for you to see a support worker in our Northallerton office 9am till 11am on a Thursday

## Contact us ....

32 High Street, Northallerton DL7 8EE (next to AgeUK and across the road from Sainsbury's)

Telephone: 01609 780872

(Our telephone line is open: 8.30am till 6.00pm on a Monday & 8.30am till 5.00pm Tuesday to Friday)

Our office is open for you to call in: 8.30am till 4.00pm Monday to Thursday & 9.00am till 1.00pm on a Friday

Email: [penny@hrcarers.f2s.com](mailto:penny@hrcarers.f2s.com) (Admin)

[betty@hrcarers.f2s.com](mailto:betty@hrcarers.f2s.com) (Hambleton carer support)

[chris@hrcarers.f2s.com](mailto:chris@hrcarers.f2s.com) (Richmondshire carer support)